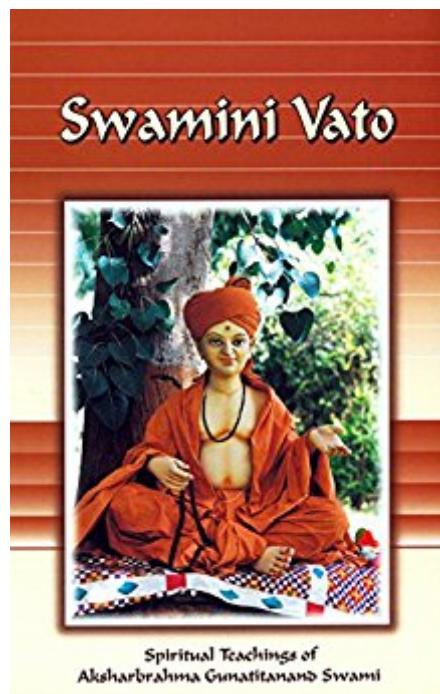


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# Swamini Vato: Spiritual Teachings Of Aksharbrahma Gunatitanand Swami



## **Synopsis**

In the early nineteen century, Bhagwan Swaminarayan reinvigorated devotional Hinduism across northwestern India. Bhagwan Swaminarayan was worshiped by millions, and he promised to remain accessible to his devotees through a lineage of God-realized sadhus, the first of whom was Gunatitanand Swami. The head priest of a large temple, Gunatitanand Swami was an inspirational spiritual giant who molded countless souls into more perfect beings. According to historical records, he was particularly fond of engaging in spiritual discussions and delivering spiritual discourses. His spiritual discourses, moreover, were so powerful and convincing that his disciples not only enjoyed them, but that they also sought to preserve them for future generations. *Swamini Vato*, literally meaning 'Swami's talks', is a compilation of his sayings and quotes from his discourses. Short, yet profound, each one can stir one's soul and transform one's consciousness. Addressing topics such as how to love God and humbly serve others, Gunatitanand Swami's talks are truly a lifeline for any spiritual aspirant. In this international best-selling translation, the teachings have been categorized under 52 subject headings for ease of use and understanding.

## **Book Information**

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## **Customer Reviews**

Similar to quote books, this book offers small, easy-to digest bits of wisdom about a vast variety of both abstract and everyday issues from happiness and ego to social dealings and daily activities. Each piece of guidance has been translated verbatim from the words of the revered Gunatitanand Swami, himself. Much much of the advice specifically relates to practicing Hinduism and advancing along the path to liberation. I like the seemingly-paradoxical conciseness and thoroughness of each entry, which collectively develop a better understanding of Hinduism and its main principles and ideals. The entries about concepts such as "dharma," "maya," and "satsang" not only help define terms that I had already read about in my study of Hinduism, but also serve to relate them to each other and apply the textbook definitions to the real world. The book's format makes it a quick read, but Swamini Vato is definitely a book you'll want to reread to thoroughly grasp the concepts presented after you've had some time to think about them yourself and incorporate them into your own life.

I find these short sayings to be like 'spiritual vitamins'! Simple and pragmatic, Gunatitanand Swami drew upon the wisdom of millennia-old Hindu scriptures to provide clarity for timeless spiritual and secular life questions. Originally transcribed in Gujarati in the 1800s, I wasn't sure if the translated English version would make sense without the 'cultural context' from that day and age; however the authors of this translation did a fine job doing just that to make these talks and the analogies used therein easy to read and understand.

I read Swamini Vato as a child and then again as an adult. The insightful teachings of Gunatitanand Swami are just as pertinent to me today as they were 25 years ago. While being motivational and educational, this book is also filled with practical wisdom for use in our spiritual and everyday lives. Swamini Vato is a wonderful book that I will read and refer to again and again.

Unlike my friend above/below who almost had a content constipation.(Problem could be with the food eaten and could manifest in any sort of body part malfunctioning esp. tongue and hands.) This is a product review and not a review about the publisher or their school of thought. The book condition was good and the arrival was on time. The book is indeed precisely written and there has been a perfect job of translation. The English version reflects detailed research behind it. The characteristic of the book is its own feature of providing timeless wealth of metaphors that apply to aspirants day to day life. Wonderful anecdotes provide amazing insight into how an aspirant must react when met with alluring situations. Anyone is welcome to read with unbiased viewpoint and get

a feel for wonderfulspir-osophy.

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